



residing in the top 25% most deprived areas of Northern Ireland with a particular focus on children residing in the East Ward of Derry & Strabane District Council, which is the most deprived ward in Northern Ireland (Multiple Deprivation Measure Rank).

Program specifics:

Funding was received in October 2019 with January 2020 being the proposed date to begin a weekly program. Due to staff illness, the starting date was delayed until March 2020. The coronavirus pandemic reached Northern Ireland in March 2020 resulting in a lockdown whereby work practices were altered. In June 2020 a music therapy program was offered to families through an online platform. A weekly session was offered to a closed group through the platform zoom for a period of 6 weeks. The group was initially made up of 5 mothers and 6 children aged between 1 and 3 years. Music therapy star was completed for each child, from a parent's perspective, prior to attending session 1. Each parent was provided with information, through email, on a weekly basis, about each Five to thrive building block and ho

children in Music Therapy contexts. The Music Therapy Star covers five areas relating to outcomes delivered by music therapy:

1. Relating – relating to other people
2. Use of voice- expressing themselves with a voice
3. Attention and awareness – focussing on an activity
4. Play and creativity-learning and fun through play
5. Emotional well-being-being at ease and expressing feelings.

The Music Therapy Star is underpinned by a variation of the core Outcomes Star Journey of Change:

1. Not connecting - N
2. Connecting - C
3. Initiating - I
4. Exploring - E
5. Resilience - R

Music Therapy star	Child A pre/post	Child B pre/post	Child C pre/post
Relating	C+ to C+	R to R	E+ to E+
use of voice	I to I	R to R	E+ to E+
Attention & Awareness	E to E	E to E+	E to R
play & Creativity	E to E	R to R+	R to R
Emotional	I to I	R to R	R to R

Music Therapy star	Child D pre/post	Child E pre/post
Relating	E+ to R	I+ to E
use of voice	R to R	I+ to E
Attention & Awareness	R to R	E to E+
play & Creativity	R+ to R+	E+ to R
Emotional	E+ to R	E+ to R

Due to the program being delivered online other members of the family happened to be present. They found it interesting and joined in as well, so it had the added benefit of bringing families together and



## Financial report

Date	Supplier	BAMT/Tangent Cost	Funding Specifics	Financial Report
Apr-20	Triangle - Outcome star	£50	Music therapy star training	
May-20	LMS music supplies	251.94	Instruments	
	LMS music supplies	954.72	Instruments	
Jun-20	LMS music supplies	63.69	Instruments	
Aug-20	LMS music supplies	873.6	Home instrument packs	
Aug-20				